

# groceries *this week*

## PRODUCE

- red potatoes
- asparagus
- garlic cloves
- 1 medium yellow onion
- mixed greens
- tomatoes / cucumbers
- guacamole
- romaine lettuce
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## PANTRY

- dried parsley
- grated parmesan
- dried oregano
- red pepper flakes
- 1 can (28 oz) crushed tomatoes
- 1 lb spaghetti noodles
- balsamic vinegar
- salad toppings
- caesar dressing
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## MEAT & DELI

- flank steak
- ground beef
- burger patties (or ground beef)
- bacon
- boneless chicken breasts
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## FROZEN

- garlic bread / texas toast
- french fries
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## SNACKS

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## DAIRY

- sliced cheese (for burgers)
- Parmesan cheese
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## BAKERY & BREAD

- burger buns
- focaccia or Italian bread
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