

groceries *this week*

PRODUCE

- zucchini
- fresh basil
- 1 large onion
- fresh thyme
- fresh parsley
- scallions
- 1 red bell pepper
- 1 jalapeño pepper
- fresh cilantro
- guacamole
- fresh salsa
-
-
-
-
-
-

PANTRY

- balsamic vinegar
- marinara sauce
- white rice
- 2 cups chicken broth
- 2 cans cream of mushroom/chicken
- chili powder
- ground cumin
- 2 cans pinto or black beans
-
-
-
-
-
-
-
-
-

MEAT & DELI

- skirt steak
- 1 lb. ground beef
- 4 chicken thighs
- bacon
- 1 lb shredded or diced chicken
-
-
-
-
-
-

FROZEN

-
-
-
-
-
-
-
-
-
-
-

SNACKS

-
-
-
-
-
-
-
-
-
-
-

DAIRY

- 2 cups shredded mozzarella
- grated parmesan cheese
- sour cream
- 3-4 cups shredded cheese
- grated parmesan cheese
-
-
-
-
-
-

BAKERY & BREAD

- flour tortillas
-
-
-
-
-
-
-
-
-
-

OTHER

- 16 oz. refrigerated ravioli
-
-
-
-
-
-
-
-
-
-

notes: