

groceries *this week*

PRODUCE

- 2 onions
- 4 garlic cloves
- fresh basil
- 1 lemon
- rosemary sprigs
- lettuce
- 1 lime
- fresh cilantro
- 1 avocado
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MEAT & DELI

- 1 lb. lean ground beef
- 1 lb. chicken thighs
- 1 lb. ground beef / burgers
- rotisserie chicken
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DAIRY

- 1 cup ricotta cheese
- 3 cups shredded mozzarella
- eggs
- 1/2 cup grated parmesan
- provolone cheese
- 1 (8 oz) pkg Neufchatel cheese
- shredded monterrey cheese
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PASTA & CANNED

- 10 oz. penne or ziti
- 25 oz. marinara sauce
- pearly couscous
- 4 cups chicken broth
- teriyaki sauce
- can of pineapple rings
- sesame seed oil
- 1 (7 oz) can diced green chilies
- 2 (15 oz) cans cannellini beans
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BAKING & SPICES

- dried parsley flakes
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BAKERY & BREAD

- brioche buns / burger buns
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SNACKS

- tortilla chips
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FROZEN

- fries
- 1 1/4 cup frozen or fresh corn
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