

# Frozen Yogurt Bark

Yield: 24 Servings  
Prep Time: 10 minutes

## Ingredients

- 2 cups vanilla yogurt
- 1/4 cup maple syrup
- 1/2 tsp vanilla extract
- 1 cup strawberries, sliced
- 1/2 cup blueberries
- 1/2 cup granola (optional)

## Instructions

In a bowl, mix together yogurt, maple syrup, and vanilla extract.

Prepare a large baking sheet with parchment paper. Pour the yogurt onto the parchment paper on the baking sheet.

Top the yogurt with strawberries and blueberries. Then sprinkle the granola on top. (I also added some toasted coconut to one section of my yogurt bark. Use any of your favorite berries or granola toppings!

Place the tray of yogurt in the freezer and leave until it is completely set. Once the yogurt is frozen, you can remove and use a large knife to cut the frozen yogurt bark into squares. Serve immediately or store in a freezer-safe container.

NOTE: I added my squares of frozen yogurt bark to a plastic freezer-safe container and layered them between sheets of parchment paper to avoid them sticking together in the freezer.